

CPR, AED and Basic First Aid Instructor Course Information

Please review this document for your upcoming course. Below, you will find frequently asked questions to help you arrive equipped with the latest knowledge and the confidence you need to succeed.

FREQUENTLY ASKED QUESTIONS

Q: What should I wear?

A: Dress comfortably. You will be moving around the room during skills practice and testing.

Q: What materials do I receive in the course?

A: You will receive your Instructor Manual, DVD, sample student workbooks, pen and student training kit (CPR practice barrier, disposable gloves, gauze and triangular bandage).

Q: What do I need to bring?

A: Unless otherwise specified, you are not required to bring anything additional to your class. You may bring a notepad or take notes directly in your Instructor Manual.

Q: What happens if I am late?

A: Please make every effort to arrive on time. Depending on the circumstances and how late you arrive, you may be able to make up missed time with the Instructor Trainer (IT). You are provided with the IT's cell phone number. Please maintain communication if you are not on time. **If you are 30 minutes or more late, you will not be admitted and will have to attend a class at a later date.**

Q: What happens if I don't pass the class?

A: It is our objective to train and certify successful instructors, and sometimes that takes more than one training session to accomplish. Your IT will discuss the areas that need additional training before you leave class. In the week following the class, a representative from EMS Safety will contact you with additional training options.

Q: What is the most common reason candidates do not pass the class the first time?

A: The most common obstacle is a deficiency in basic CPR and First Aid skills. This happens for a variety of reasons. It is difficult to retain information we learn about only once every two years, especially if we don't work in an environment where we practice our skills on the job. Perhaps your last CPR instructor didn't afford you enough time to practice on a manikin or taught you incorrect or outdated techniques. In your EMS Safety Instructor Course, you will be provided with ample hands-on time to bring your skills up to par. However, it is important you come prepared.

ProSafety Instructor Course

TEACHING SKILLS FOR LIFE

The ProSafety CPR, AED and Basic First Aid Instructor Course is a comprehensive, hands-on course that lays the foundation for Instructor Candidates to become great instructors. The 16-hour course takes place over 2 days. It challenges Instructor Candidates to learn and practice the skills they will be teaching with an emphasis on how to teach the skills and provide effective feedback.

Instructor Candidates demonstrate a mastery of skills, practice the lecture techniques they learn during the class and practice demonstrating skills and providing student feedback that is immediate, positive and constructive.

Sometimes additional training is required to complete the instructor certification process. Instructor candidates are provided with feedback throughout the course. At the end of the course, there is a final evaluation via a written exam and skills check.

COURSE SCHEDULE

Day 1

- Introduction and learning objectives
- About EMS Safety
- CPR/AED provider skills review
- Overview of EMS Safety training programs, instructor resources and required equipment
- Instructor development - how adults learn, leading the class, verbal and non-verbal communication, dealing with disruptions
- CPR/AED lecture practice (mini-topics)

Day 2

- First Aid provider skills review
- Course administration and instructor resources
- Instructor development - assessment and feedback of student practice and testing
- Skills demonstration and feedback exercise
- Skills demonstration practice (mini-topics)
- Skills testing and written exam
- Final recommendations